

MIRIAM DR. KIRMAYER

Create Connections That Count

Dr. Miriam Kirmayer is a **clinical psychologist**, leading **friendship expert**, and one of the most **influential speakers** on human connection and social support.



The Guardian

The New York Times

TIME

BBC

THE WALL STREET JOURNAL

VOGUE

TODAY

Forbes

MEET DR. MIRIAM KIRMAYER

With over a decade of research in the science of friendship, Dr. Miriam is **revolutionizing** the way we show up for, encourage, and connect with each other.

Working at the intersection of **mental health** and **social well-being**, Dr. Miriam Kirmayer helps people to **bridge the connection divide**, **strengthen their friendships** and **relationships**, and **build the supportive networks** that contribute to a full and rewarding life. Her hands-on research and relatable advice have helped leading companies and organizations along with renowned academic and healthcare institutions boost belonging, engagement, well-being, and mentorship—while giving their teams the tools that benefit them **far beyond the workplace**.

As one of the first and only clinical psychologists to **specialize in friendship** and platonic connection, Dr. Miriam inspires people worldwide to recognize that we're all at our **happiest** and **healthiest** when we invest in the moments that matter—and the **connections that count**.

BY THE NUMBERS

60K+

People showing up to Dr. Miriam's active **community & speaking engagements**.

15+

Years of research on the **science of friendship**, connection, & the psychology behind it.

500+

Media engagements and keynotes on **strengthening mental health & relationship resilience**.

“A **resounding triumph** with **fantastic feedback** from all participants that laid the foundation for many great relationships.”

IVA KUBICKOVA
GLOBAL DIRECTOR,
MEMBERSHIP & MARKETING



“**Informative, provocative** and **unexpected**, persuasive... super engaging, highly interactive and conversational, great topic expert, gave the participants a **ton of 'take home value'**.”

DONN TICE
YPO BAY AREA



KEYNOTE TOPICS

Unpack the Science of Friendship: **Bridge The Connection Divide**

Thrive Together: **Elevate Support & Connected Mentorship**

Bolster Workplace Belonging: **Cultivate the Three Pillars of Connection**

THE FRIENDSHIP FORUM

Dr. Miriam's **signature friendship experience** has helped 100s of community and corporate change the way we think about and cultivate closer friendships.

The Atlantic

Bell

Canada

Aspen Institute

Snap Inc.

Twinkl Women

Entrepreneurs Organization

Foundation for Social Connection

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