

Cultivate the Three Pillars of Connection

How to encourage, empower, and equip your teams to connect to each other — and a **better way to work**.

Hybrid and remote work. Returning to the office. Differing views and values. Technology and a reliance on digital communication. **All can contribute massively to the increasing rates of loneliness, disengagement, and burnout. But they also present opportunities—for collaboration, for inclusion, and for stronger social health.**

In this interactive keynote, Dr. Miriam translates her groundbreaking research on the science of friendship into **an actionable framework that every organization can use to co-create a powerful culture of connection with their employees**—and build an energizing environment where people are motivated, supported, and recognize that they belong.

Join the growing list of organizations who are **harnessing the power of connection** to increase innovation, collaboration, engagement, and retention — while also contributing to the health and well-being of their employees far beyond the workplace.

AUDIENCE KEY TAKEAWAYS:

- Understand the **value of connection** and why it's a primary focus of today's leading organizations
- Identify the **three pillars of healthy connections** at work—and how everyone in the company benefits from and contributes to them
- Learn **practical tools** for improving communication, strengthening relationships, and coping with conflict and uncertainty at work
- Cultivate a workplace that leads to **greater belonging, psychological safety, and connection in every environment**, from hybrid and hot desking to in-person work

THIS KEYNOTE IS PERFECT FOR:

- Organizations wanting to **retain** and **invest** in their people, from recent hires to top talent and emerging leaders
- Managers & leaders who want to become **better mentors, strengthen communication** and **cohesion**, and **gain the trust** of their employees
- Organizations seeking a healthy way to **prepare for and navigate mergers, acquisitions, restructuring**, and other **significant changes**
- HR professionals who want to **foster a deeper sense of community** that transcends the barriers of distance and a remote/hybrid workforce